



TOWN OF SIDNEY

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I am pleased to support the Sidney Integrated Wellness Community Society's annual Sidney Health Fair, to be held on May 29th and 30th at the Mary Winspear Centre. The Sidney Health Fair is an important event for the Peninsula and it continues to expand and educate our community on health and healthy living. The fair has become a true community event in that it encompasses all aspects of what health means, both at a personal and societal level.

Sidney Council adopted the Vision 2020 Strategic Plan in 2009 and the Sidney Health Fair supports our goal to create the healthiest community in the world. Our Peninsula, with the help of events such as this, has become the place to be for health and wellness with expert health practitioners, easy access to local farmers, a wide range of shops with eco-friendly initiatives and a wealth of parks and beaches to explore.

I am looking forward to attending the event, seeing many of you there and learning more about what our community has to offer in the way of health and wellness.


Larry Cross
MAYOR